

DYING TO KNOW

EDUCATION SERIES

WINTER 2026 SESSIONS

Living ^{with}
Advanced
Illness
Centre

Educational series on preparing for end-of-life, strategies for staying resilient through challenging times, and help for care partners to become more confident in their roles.

JAN 20, 2026 | 6:00 PM – 7:00 PM

Catching Your Breath: Managing Shortness of Breath & Anxiety in Advanced Illness



Presented by:
Margot Sondermann

FEB 17, 2026 | 6:00 PM – 7:00 PM

When Hunger Fades: Ethics of Food at End-of-Life



Presented by:
Noelle Nairn

MAR 17, 2026 | 6:00 PM – 7:00 PM

Cannabis in Palliative Care: Finding Comfort in Life's Final Chapter



Presented by:
Kim Sarsons



Find out more about these online sessions and register for free at:
hospicecalgary.ca/education/dyingtoknow/