

PALLIATIVE CARE RESOURCES

Calgary Zone Palliative/End of Life Care website www.ahs.ca/palliativecalgary

Advance Care Planning website

<https://myhealth.alberta.ca/alberta/Pages/advance-care-planning-topic-overview.aspx>

Advance Care Planning Videos

<https://www.youtube.com/playlist?list=PLi1tOF1I5ZoU3ITCNVhuqtSFCBTqsL91>

Provincial Palliative Care <https://myhealth.alberta.ca/palliative-care>

- palliative information with an Alberta focus for people who need care, families, clinicians and care providers

Canadian Hospice Palliative Care Association www.chpca.net

- advancing and advocating for quality end-of-life/hospice palliative care in Canada

Virtual Hospice www.virtualhospice.ca

- useful information about many aspects of living with advancing illness

Hospice Calgary website www.hospicecalgary.com

- helping families and individuals achieve support, hope and well-being through compassionate end-of-life and bereavement care

Wellspring Calgary www.wellspringcalgary.ca

- peer-to-peer support groups for people and families living with cancer in Calgary

Government of Alberta www.alberta.ca

Use search box to access information about:

- **Personal Directives, Choosing Now for the Future**
- **Guardianship, Adult Guardianship and Trusteeship Act**
- **Decision-making Option, Adult Guardianship and Trusteeship Act**
- **Supported Decision-making, Adult Guardianship and Trusteeship Act**

Government of Canada

- **Compassionate Care Benefit Program www.servicecanada.gc.ca**

Search: “compassionate care leave” or call 1-800-622-6232

Helping Canadians find a balance between the workplace and family is a priority for the Government of Canada. To this effect, compassionate care benefits are paid to persons who have to be away from work temporarily to provide care or support to a family member who is gravely ill with a significant risk of death within 26 weeks.

Additions details available on website frequently asked questions.