

Grief Bibliography

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Suggested Books for Grieving Children

[Cry Heart, But Never Break](#) by Glenn Ringtved

[Healing Your Grieving Heart for Kids: 100 Practical Ideas](#) by Alan Wolfelt

[How I Feel: A Coloring Book For Grieving Children](#) by Alan Wolfelt

[How I Feel: A Colouring Book for Grieving Children](#) by Alan Wolfelt

[How it Feels When a Parent Dies](#) by Jill Krementz

[Ida, Always](#) by Caron Levis

[In My Heart: A Book of Feelings](#) by Jo Witek

[Life is Like the Wild](#) by Shona Innes

[Michael Rosen's Sad Book](#) by Michael Rosen

[Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing with Loss](#) by M. Mundy

[Someone I Loved Died by Suicide](#) by Doreen T. Cammarata

[Tear Soup: A Recipe for Healing After Loss](#) by Pat Schwiebert, Chuck DeKlyen

[The Heart and the Bottle](#) by Oliver Jeffers

[The Invisible String](#) by Patricia Karst

[The Next Place](#) by Warren Hanson

[When I'm Feeling Sad](#) by Trace Moroney

[Wherever You Are: My Love Will Find You](#) by Nancy Tillman

Suggested Books for Grieving Teens

[Fierce Goodbye: Living in the Shadow of Suicide](#) by Gwendolyn Carr

[Healing a Teen's Grieving Heart: 100 Practical Ideas for Families, Friends and Caregivers](#) by Alan Wolfelt

[Ida, Always](#) by Caron Levis

[In My Heart: A Book of Feelings](#) by Jo Witek

[Life is Like the Wild](#) by Shona Innes

[Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing with Loss](#) by Michaelene Mundy

[Someone I Loved Died by Suicide](#) by Doreen T. Cammarata

[Tear Soup: A Recipe for Healing After Loss](#) by Pat Schwiebert, Chuck DeKlyen

[The Grieving Teen: A Guide for Teenagers and their Friends](#) by Helen Fitzgerald

[The Next Place](#) by Warren Hanson

[When a Friend Dies: A Book for Teens about Grieving and Healing](#) by Marilyn Grootman

Suggested Books for Grieving Families

[A Parents Guide to Raising Grieving Children: Rebuilding your Family After the Death of a Loved One](#) by Madelyn Kelly & Phyllis Silverman

[But I didn't say Goodbye: For parents and professionals helping child suicide survivors](#) by Barbara Rubel

[Caregiving and Loss: Family Needs, Professional Responses](#) by Joyce Davidson

[Catching Your Breath in Grief](#) by Thomas Attig

[Companionship for the Grieving Child: A Soulful Guide of Caregivers](#) by Alan Wolfelt

[Healing A Teen's Heart: 100 Practical Ideas For Families, Friends and Caregivers](#) by Alan Wolfelt

[Help Me Say Goodbye: Activities for Helping Kids Cope when Someone Special Dies](#) by Janis Silverman

[Helping Children Grieve](#) by Theresa Huntley

[Fatherloss: How Sons of All Ages Come to Terms with the Deaths of Their Dads](#) by Neil Chethik

[Finding the Words: How to talk with children & Teens about death, suicide, funerals, homicide, cremation and other end-of-life matters](#) by Alan Wolfelt

[I Miss You: A First Look at Death](#) by Pat Thomas

[Ida, Always](#) by Caron Levis

[In My Heart: A Book of Feelings](#) by Jo Witek

[Life is Like the Wild](#) by Shona Innes

[Never Too Young To Know: Death in Children's Lives](#) by Phyllis Silverman

[Option B: Finding Adversity, Building Resilience and Finding Joy](#) by Sheryl Sandberg

[Talking about Death: A Dialogue Between Parent and Child](#) by Earl Grollman

[Tear Soup: A Recipe for Healing After Loss](#) by Pat Schwiebert, Chuck DeKlyen

[Teen Grief Relief: Parenting with Understanding, Support and Guidance](#) by Heidi & Gloria Horsely

[The Invisible String](#) by Patricia Karst



[Waterbugs and Dragonflies: Explaining Death to Children](#) by Doris Stickney

[When Someone Very Special Dies: Children Can Learn to Cope with Grief](#) by Marge Eaton Heegaard

[Wherever You Are: My Love Will Find You](#) by Nancy Tillman

Suggested Books for Grieving Adults

[Beyond the Mirror: Reflections on Death and Life](#) by Henri J.M Nouwen

[Catching Your Breath in Grief](#) by Thomas Attig

[Empty Cradle Broken Heart](#) by Deborah Davis

[Fatherloss: How Sons of All Ages Come to Terms with the Deaths of Their Dads](#) by Neil Chethik

[Fierce Goodbye: Living in the Shadow of Suicide](#) by Gwendolyn Carr

[Finding Your Way When Your Spouse Dies](#) by Linus Mundy

[Have a Little Faith: A True Story](#) by Mitch Albom

[Healing A Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies](#) by Alan Wolfelt

[Healing After Loss: Daily Mediations for Working Through Grief](#) by Martha Whitmore Hickman

[Healing Your Grieving Soul](#) by Alan Wolfelt

[How We Grieve: Relearning the World](#) by Thomas Attig

[I Can't Stop Crying: Grief and Recovery a Compassionate Guide](#) by Elizabeth Kubler-Ross

[I Wasn't Ready to Say Goodbye: Surviving, Coping & Healing After the Sudden Death of a Loved One](#) by Brook Noel, Pamela D. Blair

[Life After Loss: A Practical Guide to Renewing your Life after Experiencing a Major Loss](#) by Bob Detis

[Living a Life that Matters](#) by Harold S. Kushner

[No Time to Say Goodbye: Surviving the Suicide of a Loved One](#) by Carla Fine

[Option B: Finding Adversity, Building Resilience and Finding Joy](#) by Sheryl Sandberg

[Surviving the Death of your Spouse: A Step-by-step Workbook](#) by Deborah S. Levinson

[The Depression of Grief: Coping with Your Sadness and Knowing When to Get Help](#) by Alan Wolfelt

[The Heart of Grief: Death and the Search for Lasting Love](#) by Thomas Attig



[The Needs Of the Dying: A Guide for Bringing, Hope, Comfort, and Love to Life's Final Chapter](#) by David Kessler

[Unattended Sorrow: Recovering from Loss and Reviving the Heart](#) by Stephan Levine

Suggested Books for Grieving Adults who have Lost a Child

[A Broken Heart Still Beats: After Your Child Dies](#) by Anne McCracken, Mary Semel

[Beyond Endurance: When a Child Dies](#) by Ronald J. Knapp

[Beyond Tears: Living After Losing A Child](#) by Ellen Mitchell

[Finding Hope When a Child Dies: What Other Cultures Can Teach Us](#) by Sukie Miller

[Help Your Marriage Survive the Death of a Child](#) by Paul Rosenblatt

[The Grieving Garden: Living with the Death of a Child](#) by Suzanne Redfern, Susan Gilbert

[The Spiritual Lives of Bereaved Parents](#) by Dennis Klass

[When the Bough Breaks: Forever After the Death of a Son or Daughter](#) by Judith R. Bernstein

Suggested Books for Caregivers Coping with Advanced Illness

[A Caregivers Guide, A Handbook about End of Life Care](#) by Canadian Hospice Palliative Care Association and The Military, Hospitaller Order of St. Lazarus of Jerusalem

[A Guide for Caregivers](#) by CHPCA, GlaxoSmithKline Foundation

[Being Mortal: Medicine and What Matters in the End](#) by Atul Gawande

[Caregiving: the Spiritual Journey of Love, Loss and Renewal](#) by Beth Witrogen Mcleod

[Living with Advanced Cancer](#) by Canadian Cancer Society

[The Bright Hour: A Memoir of Living and Dying](#) by Nina Riggs

[The Grace in Dying: A Message of Hope, Comfort and Spiritual Transformation](#) by Kathleen Dowling Singh

[Tuesdays with Morrie](#) by Mitch Albom

[Walking Each Other Home: Conversations on Loving and Dying](#) by Ram Dass, Bush Mirabai

[When Breath Becomes Air](#) by Paul Kalanithi

Suggested Books for those Living with Advanced Illness & their Families

[A Caregivers Guide, A Handbook about End of Life Care](#) by Canadian Hospice Palliative Care Association and The Military, Hospitaller Order of St. Lazarus of Jerusalem

[A Guide for Caregivers](#) by CHPCA, GlaxoSmithKline Foundation

[A Year to Live: How to Live This Year as If It Were Your Last](#) by Stephan Levine

[Broken Open: How Difficult Times Can Help Us Grow](#) by Elizabeth Lesser

[Caregiving: the Spiritual Journey of Love, Loss and Renewal](#) by Beth Witrogen Mcleod

[Facing Death Embracing Life](#) by David Kuhl

[Final Gifts: Understanding the Special Awareness Needs and Communications of the Dying](#) by Maggie Callanan, Patricia Kelley

[I Don't Know What to Say](#) by Robert Buckman

[Living a Life that Matters](#) by Harold S. Kushner

[Living with Advanced Cancer](#) by Canadian Cancer Society

[Talking about Death: A Dialogue between Parent and Child](#) by Earl Grollman

[The Complete Bedside Companion: A No-Nonsense Guide to Caring for the Seriously Ill](#) by R. Mcfarlane

[The Five Secrets You Must Know Before You Die](#) by John Izzo

[The Four Things That Matter Most](#) by Ira Byock

[What Dying People Want: Lessons for Living From People Who are Dying](#) by David Kuhl

[When Bad Things Happen To Good People](#) by Harold S. Kushner

Suggested Books for Kids Coping with Advanced Illness

[Helping Children Through a Parent's Serious Illness](#) by Kathleen McCue, Ron Bonn

[Once Upon a Hopeful Night](#) by Rita Yaffe Sacks

[A Teen's Guide To Coping: When A Loved One Is Sick And Preparing To Die](#) by Fairview Health Services

[I Miss You](#) by Pat Thomas

[Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing with Loss](#) by M. Mundy

[The Fall of Freddie the Leaf: A Story of Life for All Ages](#) by Leo Buscaglia

[The Next Place](#) by Warren Hanson

Suggested References for Professionals & Volunteers Working with Grieving Children, Teens and Families

[A Social Constructionist Account of Grief: Loss and the Narration of Meaning](#) by Robert A Neimeyer, Michael Robert Dennis, Dennis Klass

[An Investigation of the Relationship of Personality, Coping, and Grief Intensity Among Bereaved Mothers](#) by Tristan Robinson

[Children of suicide: the telling and the knowing](#) by Calin AC

[Complicated grief and related bereavement issues for DSM-5](#) by Shear MK1, Simon N, Wall M, Zisook S, Neimeyer R, Duan N, Reynolds C, Lebowitz B, Sung S, Ghesquiere A, Gorscak B, Clayton P, Ito M, Nakajima S, Konishi T, Melhem N, Meert K, Schiff M, O'Connor MF, First M, Sareen J, Bolton J, Skritskaya N, Mancini AD, Keshaviah A

[Continuing Bonds: New Understandings of Grief](#) by Dennis Klass, Phyllis R. Silverman, Steven Nickman

[Counseling with Children in Contemporary Society](#) by L. Goldman

[Does Grief Counseling Work?](#) By J. Jordan, R. Neimeyer

[Evidence-Based Practices for Parentally Bereaved Children and Their Families](#) by Rachel A. Haine, Ph.D., Tim S. Ayers, Ph.D., Irwin N. Sandler, Ph.D., and Sharlene A. Wolchik, Ph.D.

[Grief After Suicide: Understanding the Consequences and Caring for the Survivors](#) by John R. Jordan, John L. McIntosh

[Grief Counseling and Grief Therapy](#) by J. William Worden

[Health outcomes of bereavement](#) by Stroebe M, Schut H, Stroebe W

[Inventory of complicated spiritual grief: development and validation of a new measure](#) by Burke LA, Neimeyer RA, Holland JM, Dennard S, Oliver L, Shear MK

[Long-term Effects of the Family Bereavement Program on Multiple Indicators of Grief in Parentally Bereaved Children and Adolescents](#) by Irwin N. Sandler, Yue Ma, Jenn-Yun Tein, Tim S. Ayers, Sharlene Wolchik, Cara L. Kennedy, and Roger Millsap

[Men Don't Cry. Women Do: Transcending Gender Stereotypes of Grief](#) by Terry L. Martin, Kenneth J. Doka

[Never Too Young to Know: Death in Children's Lives](#) by Phyllis R. Silverman

[Parental relationships beyond the grave: Adolescents' descriptions of continued bonds](#) by Hansen DM, Sheehan DK, Stephenson PS, and Mayo MM

[Phenomenology and Correlates of Complicated Grief in Children and Adolescents](#) by Melhem NM, Moritz G, Walker M, Shear MK, Brent D

[Predictors and Parameters of Resilience to Loss: Toward an Individual Differences Model](#) by A. D. Mancini, G. A. Bonanno

[Stress, coping and development: Some issues and some questions](#) by M. Rutter

[Techniques of Grief Therapy: Assessment and Intervention](#) by Robert A. Neimeyer

[The Construction of Reality in the Child](#) by Jean Piaget

[The Dual Process Model of Coping with Bereavement](#) by M. Stroebe, H. Schut

[The Grieving Person's Bill of Rights](#) by Alan Wolfelt

[The Origami of Remembering](#) by Lorraine Hedtke

[Young children's grief: parents' understanding and coping](#) by Bugge KE, Darbyshire P, Røkholt EG, Haugstvedt KT, Helseth S