

# Education & Resources

## *Dying to Know Series*

*Dying To Know* is a monthly education series open to anyone interested in a variety of topics related to death and dying. These interactive sessions help in preparing for end-of-life, offer strategies for staying resilient through challenging times, and help care partners become more confident in their roles. Our educators also help build community capacity through customized, fee-based consultation, seminars, and accredited training.

## Spiritual Care

Our Spiritual Health Practitioners work to support clients and families with multicultural and multi-faith needs that can arise in response to illness. They work as part of an interdisciplinary team that helps people to maintain or improve their quality of life as they live with advanced illness.



At the Living with Advanced Illness Centre, we support people of all ages living with advanced illness, as well as their family members and close friends.

We focus on mental well-being to help people manage at home for as long as they are able.

Services are based out of the Living with Advanced Illness Centre with outreach to homes, schools, hospices, and other community settings.



Children's Grief Centre, and  
Hospice Calgary Administration  
1245 70th Avenue SE Calgary, AB T2H 2X8

 403-263-4525

 [info@hospicecalgary.ca](mailto:info@hospicecalgary.ca)

Rosedale Hospice  
920 7A Street NW Calgary, AB T2M 3J3

 403-284-5195

 [info@hospicecalgary.ca](mailto:info@hospicecalgary.ca)

Find Hospice Calgary on     
[hospicecalgary.ca](http://hospicecalgary.ca)  
Charitable Registration # 118963669 RR0001

Our fees are on a sliding scale based on family income. No one is refused service because of an inability to pay.

# Living with Advanced Illness Centre



## Care Beyond the Bedside



[hospicecalgary.ca/living-illness](http://hospicecalgary.ca/living-illness)

## Counselling

Grief is a common response when experiencing any life-limiting illness and loss.

### During Advanced Illness

Counselling can help individuals, caregivers and families navigate through these challenging times.

We have a specialized team of counsellors who work with our clients and their caregivers and family members of all ages, through illness, end-of-life, and bereavement.



### After a Death

Families connected with our services through Living with Advanced Illness Centre & Rosedale Hospice can receive counselling after the death of their person. Monthly Volunteer Telephone Bereavement Support for adults is also available for as long as needed.

Families with children 19 years and under can access support after an illness-related or sudden death through our Children's Grief Centre.

## Group Support & Peer Connection

When facing advanced illness and grief, peer connection can help reduce isolation, build a larger community of support, and enhance mental health.

### During Advanced Illness

*The Companion Program* offers a family-centred and community-based approach with the goal of improving quality of life for those impacted by any advanced illness. Volunteers are carefully matched with clients to provide ongoing, regular support that includes respite, companionship, resource sharing, and other practical support. The program aims to help reduce stress and feelings of isolation in patients, caregivers, and their families and promote an active role in living life to the fullest during illness.

### After a Death

- *Kids Club* an 8 week program for children in grades 1-6 with a concurrent group for parents/caregivers
- *Common Ground* an 8 week program for teens in grades 7-12
- *The Village* a monthly drop-in program for families



## End-of-Life Care

Hospices provide an alternative to hospitalization or dying at home.

Rosedale Hospice provides 24-hour palliative care to adults with cancer who are nearing the end of life. Our 7-bed home-like environment is located in the quiet Calgary community of Rosedale.

Our interdisciplinary health care team cares for patients and their family members in a supportive environment. Rosedale Hospice is a place where patients can focus on quality time with family and friends.

Admissions are managed through Alberta Health Services. To learn more about the referral process, visit our website.



“We promise to have the difficult conversations with you about death, dying and grief; hearing your unique story and responding with compassion.”