



Suggested Books for Grieving Teens

[Bent not Broken](#) by Lorna Schultz Nicholson

[Fierce Goodbye: Living in the Shadow of Suicide](#) by Gwendolyn Carr

[Healing a Teen's Grieving Heart: 100 Practical Ideas for Families, Friends and Caregivers](#) by Alan Wolfelt

[Ida, Always](#) by Caron Levis

[In My Heart: A Book of Feelings](#) by Jo Witek

[Life is Like the Wild](#) by Shona Innes

[Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing with Loss](#) by Michaelene Mundy

[Someone I Loved Died by Suicide](#) by Doreen T. Cammarata

[Tear Soup: A Recipe for Healing After Loss](#) by Pat Schwiebert, Chuck DeKlyen

[The Grieving Teen: A Guide for Teenagers and their Friends](#) by Helen Fitzgerald

[The Next Place](#) by Warren Hanson

[We Are Okay](#) by Nina LaCour

[When a Friend Dies: A Book for Teens about Grieving and Healing](#) by Marilyn Grootman

[You be You](#) by Linda Kranz

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