

Living with Advanced Illness



Sage Centre &
Rosedale Hospice
Hospice Calgary

Individual & Family Counselling

Grief is a common response when experiencing any life-limiting illness and loss.

During Advanced Illness

Counselling can help individuals and families navigate through these challenging times.

We have a specialized team of counsellors who work with our clients and their family members of all ages, through illness, end-of-life, and beyond.



After a Death

Families connected with services through Sage Centre & Rosedale Hospice can receive counselling after the death of their person. **Monthly Volunteer Telephone Bereavement Support** for adults is also available for as long as needed.

Families with children 19 years and under can access support after an illness-related or sudden death.

Group Support & Peer Connection

When facing advanced illness and grief, peer connection can help reduce isolation, build a larger community of support, and enhance mental health.

During Advanced Illness

Living With Cancer Program is a dynamic year-round drop-in group that supports adults and their caregivers to live well. The program is designed for learning, laughing, and connecting, and includes lunch. Additional supports are available outside group hours.

After a Death

- **Living Through Loss** a monthly drop-in group for our existing adult clients
- **Kids Club** an 8 week program for children in grades 1-6 with a concurrent group for parents/caregivers
- **Common Ground** an 8 week program for teens in grades 7-12
- **The Village** a monthly drop-in program for families



End-of-Life Care

Hospices provide an alternative to hospitalization or dying at home.

Rosedale Hospice provides 24-hour palliative care to adults with cancer who are nearing the end of life. Our 7-bed home-like environment is located in the quiet Calgary community of Rosedale.

Our interdisciplinary healthcare team cares for patients and their family members in a supportive environment. Rosedale Hospice is a place where patients can focus on quality time with family and friends.

Admissions are managed through Alberta Health Services. To learn more about the referral process, visit our website.



We promise to have the difficult conversations with you about death, dying and grief; hearing your unique story and responding with compassion.

Education & Resources

We offer education opportunities for anyone who would like to broaden their understanding of palliative care or grief.

Participants include:

- people living with illness or grief
- health and mental health care professionals
- teachers
- first responders
- students (grade school & post-secondary)
- volunteers
- community groups

Our educators also help build community capacity through customized, fee-based consultation, seminars, workshops, and accredited training. They are delivered at a time and location that work for our audiences.

For current information on our educational opportunities, to access additional resources, or to learn more about how you can book a speaker, visit hospicecalgary.ca/education.



We promise to journey with you through end-of-life and grief for as long as you need us.

At Hospice Calgary we support people of all ages living with advanced illness, as well as, their family members and close friends.

We help people manage at home for as long as they are able.

Group programs are based out of Sage Centre and we provide counselling at our centres of care or in homes, schools, hospitals, and other hospices.

Sage Centre

[Community Hospice Services](#),

[Children's Grief Centre](#), and

[Hospice Calgary Administration](#)

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Rosedale Hospice

Residential End-of-Life Care

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Find Hospice Calgary on [f](#) [t](#) [in](#)

hospicecalgary.ca

Charitable Registration # 118963669 RR0001

Counselling fees are on a sliding scale based on family income and drop-in groups are free of charge. No one is refused service because of an inability to pay.