



## Suggested Books for Grieving Families

[A Parents Guide to Raising Grieving Children: Rebuilding your Family After the Death of a Loved One](#) by Madelyn Kelly & Phyllis Silverman

[But I didn't say Goodbye: For parents and professionals helping child suicide survivors](#) by Barbara Rubel

[Caregiving and Loss: Family Needs, Professional Responses](#) by Joyce Davidson

[Catching Your Breath in Grief](#) by Thomas Attig

[Companionship the Grieving Child: A Soulful Guide of Caregivers](#) by Alan Wolfelt

[Everywhere and All Around](#) by Pimm Van Hest, Sassafras De Bruyn

[Healing A Teen's Heart: 100 Practical Ideas For Families, Friends and Caregivers](#) by Alan Wolfelt

[Help Me Say Goodbye: Activities for Helping Kids Cope when Someone Special Dies](#) by Janis Silverman

[Helping Children Grieve](#) by Theresa Huntley

[Fatherloss: How Sons of All Ages Come to Terms with the Deaths of Their Dads](#) by Neil Chethik

[Finding the Words: How to talk with children & Teens about death, suicide, funerals, homicide, cremation and other end-of-life matters](#) by Alan Wolfelt

[I Miss You: A First Look at Death](#) by Pat Thomas

[Ida, Always](#) by Caron Levis

[In My Heart: A Book of Feelings](#) by Jo Witek

[Life is Like the Wild](#) by Shona Innes

[Never Too Young To Know: Death in Children's Lives](#) by Phyllis Silverman

[Rafi's Red Racing Car](#) by Louise Mar

[Option B: Finding Adversity, Building Resilience and Finding Joy](#) by Sheryl Sandberg

[Talking about Death: A Dialogue Between Parent and Child](#) by Earl Grollman

[Tear Soup: A Recipe for Healing After Loss](#) by Pat Schwiebert, Chuck DeKlyen

[www.hospicecalgary.ca/resources](http://www.hospicecalgary.ca/resources)



[Teen Grief Relief: Parenting with Understanding, Support and Guidance](#) by Heidi & Gloria Horsely

[The Invisible String](#) by Patricia Karst

[Waterbugs and Dragonflies: Explaining Death to Children](#) by Doris Stickney

[When Someone Very Special Dies: Children Can Learn to Cope with Grief](#) by Marge Eaton Heegaard

[Wherever You Are: My Love Will Find You](#) by Nancy Tillman