



## Empowering the Community

For over 30 years, Hospice Calgary has served Calgary and Area, offering palliative and hospice care, support during advanced illness, and grief counselling to patients and clients. Using our experiences and expertise, our educators offer learning opportunities designed to strengthen, engage, and equip our community. They share practical tools and offer resources to support professionals and community advocates in their day-to-day work. Almost 2000 people a year benefit from our consultation, training, seminars, and accredited workshops.

Individuals and groups that call on us for training and resources include anyone who would like to broaden their understanding of palliative care and grief as well as:

### Individuals Grieving or Facing Advanced Illness

- Grieving Individuals and Families
- People Living with Advanced Illness
- Caregivers

### Community Representatives

- Volunteers
- Community agencies
- Public forum organizers
- Not-for-profit professionals

### First Points of Contact

- Educators & School Support Staff
- Health & Mental Health Care Professionals
- First Responders
- Spiritual Care Providers

### Student Bodies

- Grades 1-12
- Post-Secondary

## Education through Hospice Calgary

### Advanced Illness

Hospice Calgary offers counselling and support to those living with advanced illness, as well as their close family members and friends of all ages. Our seminars provide participants with the awareness, skills and knowledge.

Expert-led seminars include topics such as:

- Managing illness
- Facing changes when someone is dying
- Caregiver support
- Self-care
- Advanced care planning
- Grief during end-of-life
- Talking to your family about Medical Assistance in Dying
- Spirituality
- Mindfulness practice
- Community response to dying & death

### Hospice & Palliative Care

Founded over 30 years ago, Hospice Calgary was a driving force in establishing hospice care in Alberta. Today, Hospice Calgary's continuum of care for those who are grieving and dying is unparalleled in Calgary & Area.

Expert-led seminars offered in collaboration with other sector experts include topics such as:

- Palliative & Hospice Care
- Volunteer training
- Palliative end-of-life care current issues & research
- Medical Assistance in Dying, process and understanding
- Signs that End-of-Life is approaching
- Contemplative practice

### Child & Family Grief

Hospice Calgary supports children aged 19 and under (and their families and friends) as they adjust to the changes in their lives when someone close to them is living with an advanced illness or has died. Our seminars and workshops offer tools and strategies for those grieving or supporting others.

Expert-led seminars include topics such as:

- How grief works
- Intro to child & teen grief
- Coping strategies for grief
- Talking to children about dying & death
- Parenting grieving children
- Grief after suicide
- Honouring the deceased
- First Responder training
- Community response to dying & death

### Category 'A' Credits

Expert-led accredited workshops for social workers & educators are available through Hospice Calgary.

Hospice Calgary, provider #1194, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. Hospice Calgary maintains responsibility for the program. ASWB Approval Period: Sept. 25, 2016 - Sept. 25, 2019. Social Workers should contact their regulatory board to determine course approval for continuing education credits.

### Customized Sessions & Consultations

Designed to meet your group's specific learning needs, we create customized sessions that are delivered at a time and in a location that best works for you. Our specialized team can also offer consultation on Palliative Care and Grief.

For current information on our education opportunities and to access additional resources, visit our website or contact our team:

[hospicecalgary.ca](http://hospicecalgary.ca) | [info@hospicecalgary.ca](mailto:info@hospicecalgary.ca) | 403-263-4525

