PALLIATIVE CARE RESOURCES

Calgary Zone Palliative/End of Life Care website  [www.ahs.ca/palliativecalgary](http://www.ahs.ca/palliativecalgary)

Advance Care Planning website  [https://myhealth.alberta.ca/alberta/Pages/advance-care-planning-topic-overview.aspx](https://myhealth.alberta.ca/alberta/Pages/advance-care-planning-topic-overview.aspx)
Advance Care Planning Videos  [https://www.youtube.com/playlist?list=PLi1tOF1J5 ZoU3ITCNVHuqtSFCBTqsL91](https://www.youtube.com/playlist?list=PLi1tOF1J5 ZoU3ITCNVHuqtSFCBTqsL91)

Provincial Palliative Care  [https://myhealth.alberta.ca/palliative-care](https://myhealth.alberta.ca/palliative-care)
- palliative information with an Alberta focus for people who need care, families, clinicians and care providers

Canadian Hospice Palliative Care Association  [www.chpca.net](http://www.chpca.net)
- advancing and advocating for quality end-of-life/hospice palliative care in Canada

Virtual Hospice  [www.virtualhospice.ca](http://www.virtualhospice.ca)
- useful information about many aspects of living with advancing illness

Hospice Calgary website  [www.hospicecalgary.com](http://www.hospicecalgary.com)
- helping families and individuals achieve support, hope and well-being through compassionate end-of-life and bereavement care

Wellspring Calgary  [www.wellspringcalgary.ca](http://www.wellspringcalgary.ca)
- peer-to-peer support groups for people and families living with cancer in Calgary

Government of Alberta  [www.alberta.ca](http://www.alberta.ca)
Use search box to access information about:
- Personal Directives, Choosing Now for the Future
- Guardianship, Adult Guardianship and Trusteeship Act
- Decision-making Option, Adult Guardianship and Trusteeship Act
- Supported Decision-making, Adult Guardianship and Trusteeship Act

Government of Canada
- Compassionate Care Benefit Program  [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)
  Search: “compassionate care leave” or call 1-800-622-6232
Helping Canadians find a balance between the workplace and family is a priority for the Government of Canada. To this effect, compassionate care benefits are paid to persons who have to be away from work temporarily to provide care or support to a family member who is gravely ill with a significant risk of death within 26 weeks. Additions details available on website frequently asked questions.